

Northside conducts a cross county clinic

On Friday 21 March, Northside Riding Club, situated on the North shore of Sydney, held a cross country clinic for riders eager to return to the exciting world of eventing. For many it was their first time near a cross country fence since before El halted movement in August last year.

Article & photos by Rachel Smith



Aimed at those just starting out on their eventing career up to more accomplished Preliminary level riders, the clinic booked out quickly showing how keen riders were to get back out riding again.

Four groups of riders participated in the two hour clinic. Training was conducted over the

"Tux and I had a SUPER time, we learnt plenty of things. You reminded me of the importance of keeping him under me when approaching a jump, and to ride in to the jump with self carriage and wait for the jump - not to get ahead which can put you in a vulnerable position. You taught us about the difference between 2 and 3 point seat, and the importance of rhythm and softness. Tux and I both came away with more confidence and big smiles... thanks xxx"

Anwen Keeling

"Thanks for such a great clinic. It made me feel as if I had achieved something." **Mandy Berriman**

club's surprisingly extensive course, including a brush, roll tops, gates, sunken road, arrow head, skyline and bank. Emphasis was placed on riders keeping their "eyes on the road ahead" and maintaining a consistent rhythm.



After receiving instruction over the various elements, riders were given the opportunity to put their training to the test and ride a short course. The excitement after each round was clearly evident by the smiles on every face.

All riders are now looking forward to the Northside Riding Club's Hunter Trials to be held on Saturday 26 April. More information can be found at www.northsideridingclub.org.au

